# metro

**PHILADELPHIA** NO. 1 FREE DAILY IN TH

Wednesday, September 25, 2019 metro.us | t: MetroPhilly | f: Met

ISTOCK

## NATIONAL COFFEE DAY

**See the delightful variety of multicultural options Philly has to offer. 11**


metro BET

**Limited-time $50 VISA gift card offer. 14**

VSiN


**Eagles will be without Ronald Darby for multiple games. 15**


THE CIRCUIT TRAILS

GO. DO. DISCOVER.

WIN A BIKE!

Participate in the Scavenger Hunt

PROUD TO TRAIL

Find out more at circuittrails.org

# IT'S OFFICIAL

**House Speaker Nancy Pelosi on Tuesday announced a formal impeachment inquiry by Congress into President Trump over reports he sought foreign help to get dirt on political rival Joe Biden. 2**

GETTY IMAGES


THE SCHOOL DISTRICT OF PHILADELPHIA

FINDYOURFIT

2020-21 SCHOOL SELECTION

APPLY ONLINE BY NOV. 1

SCAN CODE OR VISIT

PHILASD.ORG/FINDYOURFIT

8 THINGS TO KNOW

# House to launch Trump impeachment inquiry over Ukraine controversy

President Donald Trump, left, and Nancy Pelosi, U.S. Speaker of the House of Representatives. GETTY IMAGES

## Official probe will explore whether president violated U.S. Constitution.

The U.S. House of Representatives will launch a formal impeachment inquiry into President Donald Trump over reports he sought foreign help to smear a political rival, setting up a dramatic clash between Congress and the White House that has spilled into the 2020 presidential campaign.

House Speaker Nancy Pelosi announced the inquiry on Tuesday after a closed-door meeting with Democratic lawmakers, saying Trump's actions appeared to have undermined national security and violated the U.S. Constitution.

"The president must be held accountable. No one is above the law," said Pelosi, who for months had been reluctant to embrace an impeachment effort.

Trump fired back quickly on Twitter, calling the inquiry "Witch Hunt garbage."

Pelosi's change of heart followed reports that Trump had pressured Ukrainian President Volodymyr Zelensky in a July 25 phone call to investigate Democratic presidential front-runner Joe Biden and his son Hunter, who had worked for a company drilling for gas in Ukraine.

Trump promised on Tuesday to release a transcript of his phone call. He has acknowledged he discussed Biden in the call, but denied he withheld nearly $400 million in U.S. aid to Ukraine as leverage to get Zelensky to launch a probe that would damage Biden, who leads opinion polls in the Democratic race to face Trump in the November 2020 election.

> **"The president must be held accountable. No one is above the law."**
>
> U.S. House Speaker Nancy Pelosi

Pelosi said the six congressional committees currently investigating Trump would continue with their probes as part of the inquiry. Those panels would work collaboratively, and then decide whether the House Judiciary Committee should draft articles of impeachment, House aides said.

"The actions of the Trump presidency revealed a dishonorable fact of the president's betrayal of his oath of office, betrayal of our national security and betrayal of the integrity of our elections," Pelosi said.

Congressional allies of Trump said Pelosi was playing politics with the decision. Republican Senate Majority Leader Mitch McConnell called it "a rush to judgment" and said it should have waited until after details of the phone call were revealed.

"It simply confirms that House Democrats' priority is not making life better for the American people, but their nearly three-year-old fixation on impeachment," he said in a statement.

The impeachment inquiry could eventually lead to Trump's removal from office, although that would be a steep task for Democrats. Even if the Democratic-controlled House voted to impeach Trump, the Republican-majority Senate would have to take the next step of removing him from office after a trial. A conviction would require a two-thirds Senate majority.

It will be the first impeachment inquiry in Congress since the 1998 probe of President Bill Clinton for perjury and obstruction of justice in relation to his affair with White House intern Monica Lewinsky.

The House voted to impeach Clinton in December 1998, but the Democratic president was acquitted two months later by the Senate and remained in office. The only other president to be impeached, Andrew Johnson in 1868, was also acquitted by the Senate.

Biden said he would back impeachment if the president did not fully comply with congressional investigations.

"If we allow a president to get away with shredding the Constitution, that will last forever," Biden told reporters in Wilmington, in his home state of Delaware. REUTERS

## City declares PES refinery fire incident under control

**2** After a fire and explosion that shut down Philadelphia Energy Solutions (PES) refinery three months ago, the fire department officially declared that 24/7 security is no longer needed. The incident is officially under control. It was reported that Philadelphia Fire Commissioner Adam Thiel said any hazardous material is contained at the site. Investigators now have everything they need to determine the cause of the June 21 fire. The Inquirer reported that the fire is being investigated by multiple law bodies including the U.S. Occupational Safety and Health Administration (OSHA); Chemical Safety Board; the Bureau of Alcohol, Tobacco, Firearms, and Explosives; and the Fire Marshal's Office. The OSHA investigation will help determine if the fire was caused by human error negligence and more. This investigation is critical because it could impact the company's insurance settlement. BECCA GLASSER-BAKER

## Netflix set for worst quarter since 2012 amid competition

**3** Shares of Netflix dropped nearly 4 percent on Tuesday and were on track for their deepest quarterly decline in seven years after analysts added to growing worries about an impending wave of competition from Walt Disney and other rivals. Netflix has lost 30 percent since the end of June, and if that decline holds until Monday, it will have been the worst quarterly performance for the video streaming heavyweight's shares since 2012. Upcoming streaming services from Disney and Apple have added to worries about Netflix's slowing subscriber growth and rising costs as it increases spending to create top-tier series like "Stranger Things" and "The Crown." Viewed as the most dangerous threat to Netflix, Disney+ is set to launch on Nov. 12, with a slate of new and classic TV shows and movies from some of the world's most popular franchises. REUTERS

HALLMARK OF NEW JERSEY

As low as $99 per month

HALLMARK OF NEW JERSEY

As low as $99 per month

HALLMARK OF NEW JERSEY

As low as $99 per month

*Know your contractor*

A BUSINESS BUILT ON RECOMMENDATIONS

Behind every great product there is a company that provides it. At Hallmark we strive to provide each of our customers with the highest degree of craftsmanship and professionalism. We provide an affordable, stress-free experience from start to finish. Our professional crews understand the importance of working quickly and efficiently. We realize the importance of trust and dependability and will continue to strengthen our reputation with each completed job.

*Imagine It & We'll Make It Happen!*

- KITCHENS
- FINISHED BASEMENTS
- ALL WINDOWS
- STEEL DOORS & GARAGES
- IRON RAILINGS & FENCES
- HARDWOOD FLOORING
- ROOFING & GUTTERS
- BATHROOMS
- GRANITE COUNTERTOPS
- INSULATED VINYL SIDING
- CARPETING & TILE FLOORING
- WOOD DECKS & PATIOS
- CEMENT & STUCCO
- PORCHES & PORCH REPAIRS
- CONCRETE WORK

HALLMARK OF NEW JERSEY

BBB ACCREDITED BUSINESS

A+

THOUSANDS OF REFERENCES

FREE QUOTES

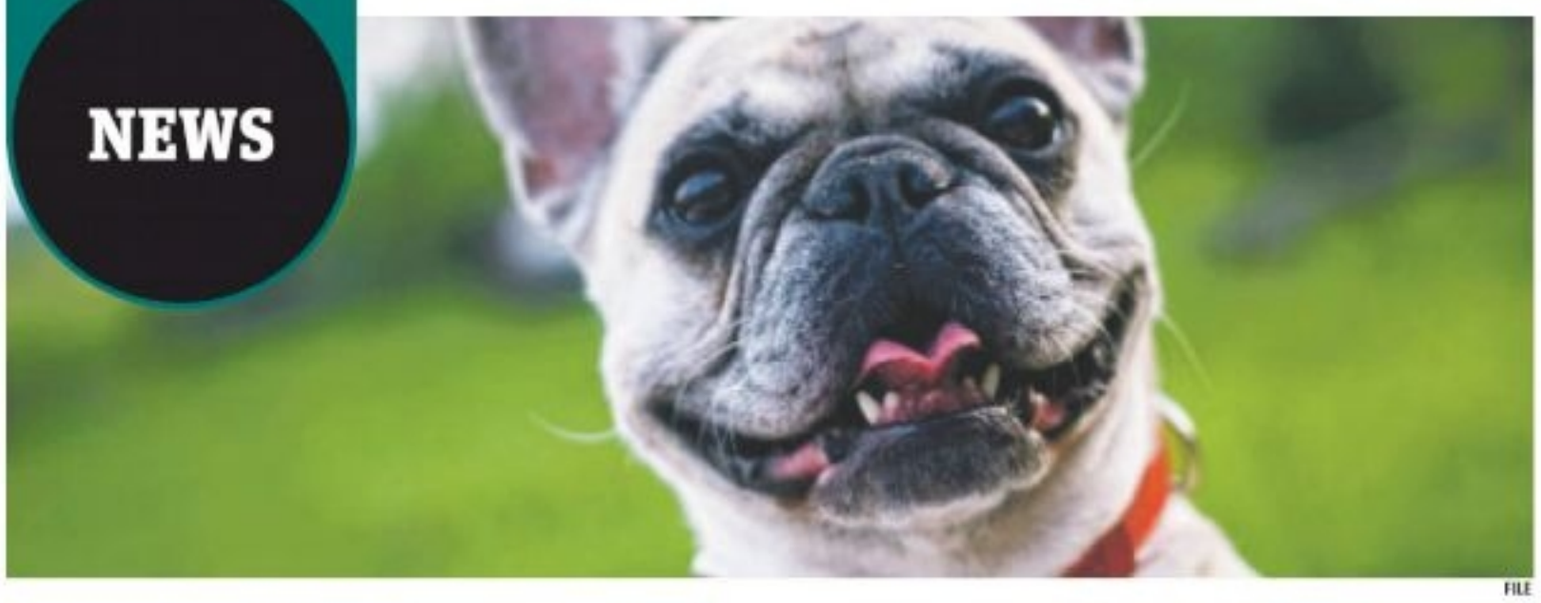
CALL TODAY!

1-800-945-2233

215-677-7000

HALLMARKREMODELERS@GMAIL.COM

State License PA# 049533 • State License NJ# 13VH00341600



FILE

# La Salle welcomes dogs in dorms

The Philly university has officially gone to the dogs.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Residents of La Salle University are getting some furry new roommates this year.

Starting this fall semester, upperclassmen who choose to live in St. George Hall can apply to bring in their dogs to their dorms.

Emotional support animals are already allowed on campus for students, but this new policy will allow students to bring approved dogs on campus.

St. George Hall is the first dog-friendly hall at La Salle.

Even though dogs are welcome to join their humans on campus, this new policy does have some requirements for pup parents.

ABC spoke with Dr. Dawn Soufleris, the vice president of Student Affairs for La Salle, about the addition of furry friends on campus. Soufleris told them, "There is a tremendous amount of research that shows having a pet is not only good for your health, reduces stress, but also teaches people how to be responsible."

Besides embracing furry friends on campus, St. George Hall is making a few additions to the dorms to make sure dogs are having a barking good time. They will be adding a dog run for exercising pups, an on-campus washing station, and they will even have a dog-friendly lounge space in the hall where humans and their pups can hang out and meet other dog owners.

## According to Lasalle.edu, here are the requirements to have a dog in your dorm:

- An approved dog is under 30 pounds and is registered with the Division of Student Affairs in accordance with guidelines.
- Students who wish to own a dog on campus must sign a dog ownership agreement.
- Student Owners must submit an Approved Dog Accommodation Fee.
- Only one dog is permitted per unit.
- The Student Owner is fully responsible for the behavior of the Approved Dog. Any and all damages caused by the Approved Dog will be the responsibility of the Student Owner.
- The Approved Dog must have all required vaccinations and licenses, must be spayed or neutered at the appropriate age, and must have current identification tags in accordance with Philadelphia Dog Ordinances. The Approved Dog must be tagged with the Student Owner's contact information.
- All roommates/apartment mates of the student owner must sign a roommate attestation acknowledging a dog will be living in their unit.

Severe Injury · Cerebral Palsy
Cancer · Medical Mistakes
• Brain Injury
• Paralysis
• Amputations
• Wrongful Death
Doctor-Lawyer Medically Trained at Harvard and Yale
Over $150 million recovered as co-counsel
Former Assistant Professor at Harvard Medical School
Former Attending Doctor at Harvard Teaching Hospitals
Named one of Rising Stars & Super Lawyers by publisher of Philadelphia Magazine
Member of the Multi-Million Dollar Advocates Forum
www.tymdjd.com
Law Offices of Tai Y. Wong
215-592-9750
Free initial consultation. No Recovery-No Fees.
1101 Market Street, Suite 2820, Philadelphia, PA 19107

www.metro.us


Confused about advertising?

We can help.

metro media.us

to advertise, contact (215) 717-2600 or adsphilly@metro.us

# US Labor Department extends overtime pay to 1.3 million workers

## Rule affects salaried U.S. workers who make up to $35,568; takes effect Jan. 1.

ISTOCK

The U.S. Department of Labor on Tuesday issued a long-awaited rule extending mandatory overtime pay for 1.3 million U.S. workers, far fewer than an Obama administration rule that was struck down by a federal judge.

Currently, workers who earn a salary rather than hourly wages are automatically entitled to overtime pay only if they earn less than $23,660 a year, a figure set in 2004. The new rule will raise the threshold to $35,568 when it takes effect on Jan. 1.

Employers must pay eligible workers 1.5 times their regular rate of pay when they work more than 40 hours in a week. Workers who earn above the salary threshold may still be eligible for overtime pay if they do not primarily perform management-related duties.

Several states including California and New York have salary thresholds for determining overtime eligibility that are higher than the federal standard.

Acting Secretary of Labor Patrick Pizzella said during a call with reporters that the department "believes there will be a broad consensus that more overtime pay for America's workers is a positive step forward."

The Labor Department in 2016 doubled the salary threshold to about $47,000, extending mandatory overtime pay to about 4 million U.S. workers.

A federal judge in Texas ruled the following year, however, that the ceiling was set so high that it could sweep in some management workers who are supposed to be exempt from overtime pay protections.

Business groups have closely tracked changes to overtime pay regulations and were critical of the Obama-era rule. Class-action lawsuits alleging unpaid overtime are common, and large companies often pay millions of dollars to settle them.

A higher salary threshold could lead to more lawsuits, since many more workers would be covered by the federal law mandating overtime pay. Trade groups have also said a higher overtime threshold could push employers to cut some workers' hours.

Christine Owens, the executive director of the union-backed National Employment Law Project, said in a statement that the rule excludes millions of workers in various industries who should be earning mandatory overtime pay.

Owens said the rule could be vulnerable to a legal challenge because it was rushed through the regulatory process without the proper consideration of its economic impact.

However, Susan Harthill of the law firm Morgan Lewis & Bockius, who represents employers, said the rule provides much-needed certainty after the Obama-era regulation was struck down.

**$47K**

The Labor Department in 2016 doubled the salary threshold to $47,000, extending overtime pay to 4 million U.S. workers; a federal judge invalidated the rule a year later.

She said that while private-sector industries will be the most affected, the lower salary threshold is also important for nonprofits and state and local governments, whose employees are often paid less than private-sector workers. REUTERS

BILL'S DISCOUNT FLOORING AND REMODELING

$400 GIFT CARD ON ANY REMODEL JOB OVER $4,000!

Free Shop at Home!
FREE ESTIMATES!
Save up to 1/2 Off Retail Store Pricing.

COMPLETE BATHROOMS starting at $1895
COMPLETE KITCHENS starting at $3595
Sale on Wood, Laminate and Vinyl Flooring! Next Day Installation Available!

FINANCING AVAILABLE
PAYMENTS AS LOW AS $99 MONTH

ALL CONSTRUCTION WORK AND PAINTING!

FREE REFRIGERATOR WITH ANY KITCHEN REMODEL JOB OVER $4995!

Free Pad!
Free Installation!
On All Carpet.

SHOP US FIRST, SHOP US LAST, IT DOESN'T MATTER
We Will Beat Anybody's Estimate
We Also Install & Refinish Hardwood Floors!

| 3 ROOMS $498* | 3 ROOMS $598* | 3 ROOMS $698* |
|---|---|---|
| Plush or Sculptured Carpet \| 8lb. pad, installation. 40 Square Yards | Super Plush Carpet \| 8lb. pad, installation. 40 Square Yards | Heavyweight Plush Carpet \| 8lb. pad, installation. 40 Square Yards |

Your Mobile Carpet Showroom
Locally Owned & Operated
Serving PA, NJ and DE for Over 25 Years

CALL ANYTIME
856-264-1079

Lic. #NJ13VH08091600 #PA10882

Bill's 1.856.264.1079
www.billsdiscountcarpet.com

# More Americans say vaping is as dangerous as smoking cigarettes: Poll

REUTERS

A growing number of Americans say that vaping e-cigarettes is at least as harmful as smoking traditional cigarettes, according to a Reuters/Ipsos poll, following reports of an outbreak of vaping-related illnesses and deaths.

The national online poll, released Tuesday, found that 63 percent of adults in the United States disagreed with the statement that "vaping is healthier than traditional cigarettes." That is up 16 percentage points from a similar Reuters/Ipsos poll that ran in the spring of 2016.

It also found that only 29 percent of adults think vaping is a good way to help people quit smoking, and 77 percent said that vaping should be regulated at least as strongly as traditional cigarettes.

**63%**

The national online poll found that 63 percent of U.S. adults disagreed with the statement that "vaping is healthier than traditional cigarettes."

The survey was conducted Sept. 17-18, shortly before U.S. health officials lifted to 530 the number of confirmed and probable cases of lung-related illnesses linked to vaping. The U.S. Food and Drug Administration is investigating what has caused the outbreak that has so far killed seven people.

Retail giant Walmart also said Friday that it would pull e-cigarettes from its shelves due to health concerns and their apparent popularity among teenagers.

"This is the natural consequence of a seemingly unending stream of misleading news stories" about e-cigarettes, said Greg Conley, president of the American Vaping Association, an advocacy group that is partially funded by e-cigarette makers.

Conley added that many of the vaping-related health issues involved people who used e-cigarettes to smoke street-bought drugs or liquids that contain ingredients from cannabis, not tobacco. REUTERS

Senior Citizens and Military 15% Discount!

ARTIE CLEAR
ROOFING AND DRYWALL

FALL DISCOUNTS
ON ALL WORK!
NO PAYMENTS UP TO 6 MONTHS!!
15% OFF ALL KITCHENS & BATHROOMS!
10% OFF ON CONCRETE...
(And yes we also do brick pointing)

NO JOB TOO BIG OR TOO SMALL!!!!!!!!
WE DO ROOFING, DRYWALL, HEATERS (Gas or Electric).

YOU MAY QUALIFY FOR UP
$25,000.00!!

FREE ESTIMATES-100% FINANCING AVAILABLE!
EVERYBODY GET'S APPROVED!
ARTIE CLEAR FROM EAGLES REPORT CARD AND FOX
CALL ARTIE TODAY AT 609-335-0207 or 215-444-6844
FOR YOUR FREE ESTIMATE.

CANCER
MEDICAL
MALPRACTICE
CEREBRAL/ERB'S PALSY

Delayed/Misdiagnosed Cancer Deaths/Injuries,
Amputations/Paralysis/Wrongful Deaths Vaginal/Pelvic/
Abdominal/Surgical Mesh Injuries Embolism/
Anesthesia/Surgical/Injuries/Deaths
All Medical/Hospital/Nursing Related Deaths/Injuries.
Cases Reviewed with Expert Physicians,
including Ivy league trained expert physicians.

Evaluations by Attorney named top 1% of attorneys nationwide-National Assoc. of Distinguished Counsel, America's Top 100 Attorneys-Pennsylvania, multiple times as one of PA's best medical malpractice/personal injury attorneys with selections as a PA Super Lawyer, legal commentator, board member of PA's and Philly's largest trial lawyers organizations, life-time member of Million Dollar Advocates Forum, and former adjunct. Prof of Law.

**Millions of Dollars Recovered for Injured Clients**

CALL 215-567-0493
or email now for Free Consultations

**EMMANUEL LAW FIRM, LLC**
Two Penn Center, 1500 JFK Blvd. www.emmanuellawfirm.com
**No Recovery-No fee/Free Consultations • Home/Hospital Visits**

President Donald Trump addresses the 74th U.N. General Assembly in New York, Sept. 24, 2019. REUTERS

# At General Assembly, Trump sees path to peace with Iran, China

President brought subdued tone to U.N. stage as he seeks second term.

U.S. President Donald Trump on Tuesday denounced Iran's "bloodlust" and called on other nations to join the United States to apply pressure on Iran after attacks on Saudi oil facilities, but said there is a path to peace.

"America knows that while anyone can make war, only the most courageous can choose peace," Trump said in an address to the United Nations General Assembly annual gathering of world leaders.

In his third U.N. appearance, Trump offered a more subdued tone compared to the bombast of his previous speeches in 2017 and 2018, looking to convey a more reassuring presence as he asks Americans for a second four-year term next year despite a fresh push for his impeachment among some Democrats.

pressure from hawkish allies, at least for now.

But he promised to keep trying to squeeze Iran's economy with sanctions until Tehran agrees to give up what Washington says is a pursuit of nuclear weapons. Iran has said its nuclear program has always been for peaceful purposes only.

"All nations have a duty to act. No responsible government should subsidize Iran's bloodlust. As long as Iran's menacing behavior continues, sanctions will not be lifted, they will be tightened," Trump said.

Trump had a stern message for China and its president, Xi Jinping, with whom he is locked in a trade war that is damaging both country's economies. He said the world is watching how Beijing handles mass demonstrations in Hong Kong that have

**"Hopefully we can reach an agreement that will be beneficial to both countries. But as I have made clear, I will not accept a bad deal for the American people."**

President Trump

While offering his habitual defense of national sovereignty — "the future must never belong to globalists" — Trump tempered his language, stressing the U.S. desire for peaceful relations with all and calling for collective, rather than unilateral, action.

The response to Trump in the chamber was relatively muted, a year after the crowd laughed when he boasted about his achievements and gasped in 2017 when he threatened to wipe out North Korea.

The Sept. 14 attacks in Saudi Arabia, widely blamed on Iran, have rattled the Middle East and raised concerns about a broader war. Iran denies involvement. Trump has shown restraint in the crisis, holding back from military retaliation despite

heightened fears of a potential Chinese crackdown.

"How China chooses to handle the situation will say a great deal about its role in the world in the future. We are all counting on President Xi as a great leader," he said.

Trump has sought to pressure China to agree to reduce trade barriers through a policy of increasing tariffs on Chinese products. He accused China of the theft of trade secrets "on a grand scale" and said it was taking advantage of World Trade Organization rules that give Beijing beneficial treatment as a "developing economy."

"Hopefully we can reach an agreement that will be beneficial to both countries. But as I have made clear, I will not accept a bad deal for the American people," Trump said. REUTERS

TOP CHOICE
HOMECARE
MAKING A DIFFERENCE IN THE COMMUNITY

IN NEED OF FREE HOME CARE SERVICES?
HIRE YOUR FAMILY MEMBER OR
FRIEND AS YOUR CAREGIVER

Free Bill pay assistances
(Peco, Water, Cable, Phone, Internet)

PAY RATES STARTING
AT $13-$15/HR

FREE WEEKLY FOOD PROGRAM,
FREE HOME CARE SERVICES

WE OFFER OUR CAREGIVERS:
• Top Competitive Pay
• Holiday Pay • Birthday Pay
• Overtime Pay
• Premium Health Insurance And More.....

WE OFFER CLIENTS:
• Professional And Caring Staff
• Birthday Recognition
• Food Assistance
• Holiday Gifts • Special Events

TRANSFER
TODAY!
Call us at 215-792-6884
or stop by the office
8725 Frankford Avenue,
Philadelphia PA 19136.
www.topchoicehomecare.com

TOPCHOICE
HOMECARE
QUALITY. COMMITMENT. COMPASSION

ACCEPTING
TRANSFERS

# UK court rules Johnson suspended parliament unlawfully, PM defiant

The U.K. Supreme Court ruled on Tuesday that Boris Johnson's decision to shut down parliament in the run-up to Brexit was unlawful, but a defiant prime minister said he disagreed and vowed that Britain would leave the E.U. by Oct. 31, come what may.

The stinging judgment by all 11 of the court's sitting justices undermines Johnson's already fragile grip on power and gives legislators more scope to try to stop him taking Britain out of the bloc next month, with or without a divorce deal.

> **"Let's be in no doubt there are a lot of people who want to frustrate Brexit. There are a lot of people who want to stop this country coming out of the E.U."**
> PM Boris Johnson

Responding in New York to the decision, which said that the suspension was null and void, Johnson said he would respect the ruling but "strongly disagreed" with it, making clear the setback would make no difference to his Brexit agenda.

The Supreme Court ruling, the most important constitutional legal verdict in decades, was a blistering rebuke of Johnson's actions. Opposition leaders called on Johnson to resign immediately for misleading Queen Elizabeth, who had formally suspended parliament on his advice.

"The decision to advise Her Majesty to prorogue parliament was unlawful because it had the effect of frustrating or preventing the ability of parliament to carry out its constitutional functions without reasonable justification," Supreme Court President Brenda Hale said.

The ruling said Johnson had not given any reason for suspending the legislature for five weeks, an act which had had an "extreme" effect on the fundamentals of British democracy.

"The prime minister's advice to Her Majesty was unlawful, void and of no effect," said Hale, adding that parliament was therefore not suspended and it was up to the speakers of its two chambers to decide what to do next.

The speaker of the House of Commons, the lower and much more powerful chamber, said it would reconvene at 11:30 a.m. local time on Wednesday.

Standing alongside U.S. President Donald Trump at the United Nations, Johnson was asked if he would resign. "No, no, no," he replied, while Trump interjected: "I'll tell you, I know him well, he's not going anywhere."

Johnson was unrepentant after the landmark ruling, saying while he respected the judges, he disagreed profoundly with them. He said that as the law stood, Britain would still leave the E.U. on Oct. 31.

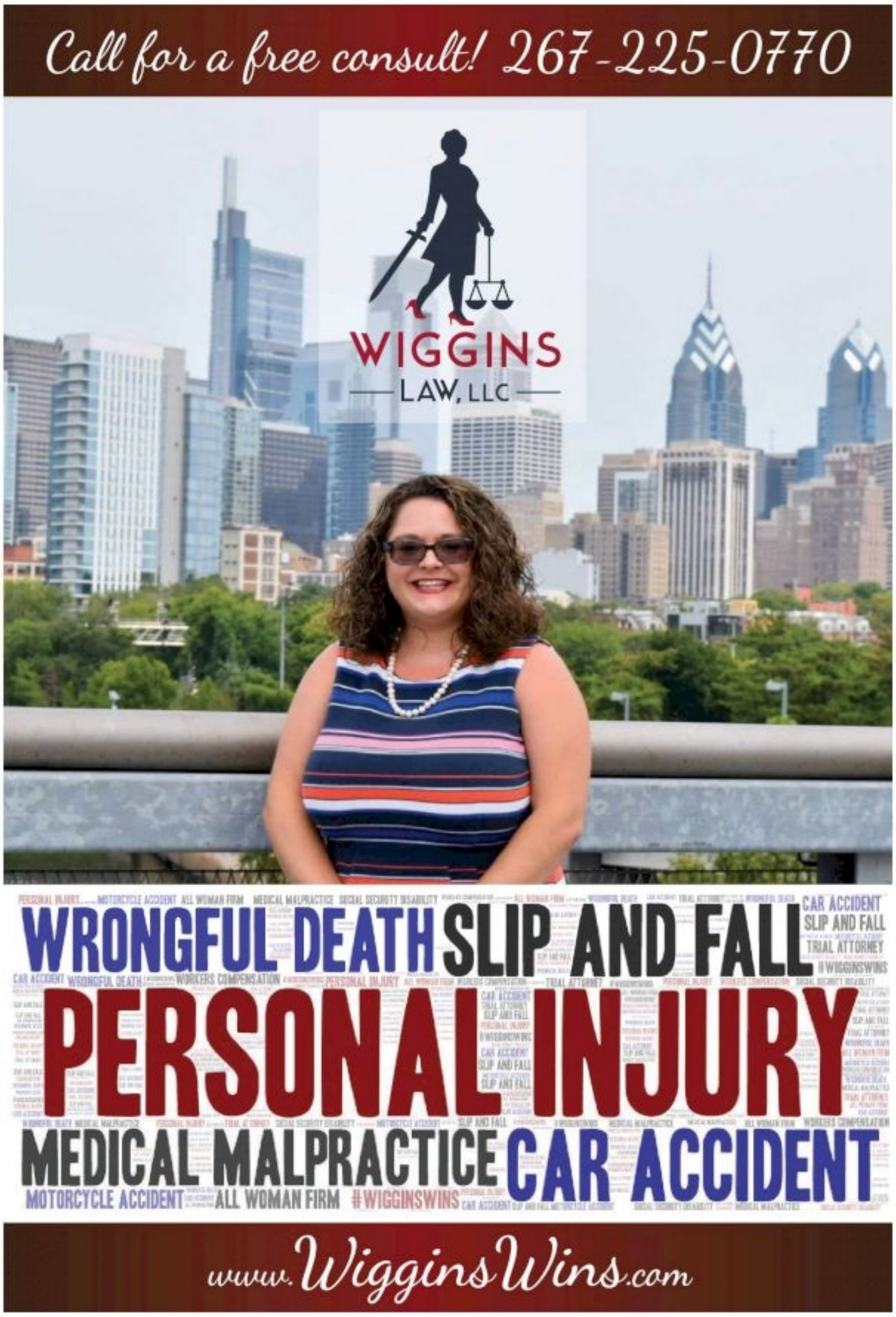
"The exciting thing for us now is to get a good deal — and that is what we are working on," he told reporters.

Johnson, who has no parliamentary majority and suffered repeated defeats there before the suspension, had argued the shutdown was normal while a new legislative agenda, known as the Queen's Speech, was prepared.

Critics said he had suspended parliament in order to prevent further reverses.

More than three years after the U.K. voted by 52-48 percent in a referendum to leave the European Union, the country remains deeply divided and the Brexit process has become mired in confusion, with options ranging from a turbulent no-deal exit to abandoning the entire endeavor. REUTERS

Demonstrators react to the landmark ruling outside the Supreme Court in London, Sept. 24, 2019. REUTERS



# the Grumble

## sudoku

**EASY**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 1 | 8 | | | | 4 | | |
| | 4 | 2 | 5 | 7 | | | | |
| 7 | 9 | | 8 | | 6 | | | 5 |
| 1 | | | | | | 8 | 5 | |
| | | | 6 | 2 | 3 | | | |
| | 3 | 7 | | | | | | 2 |
| 2 | | | 3 | | 9 | | 8 | 1 |
| | | | | 5 | 8 | 2 | 9 | |
| | | 9 | | | | 3 | 7 | |

**MEDIUM**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 1 | | | | | 7 |
| | | 8 | 5 | | | 6 | 9 | |
| | 6 | | | 3 | | | 5 | |
| | | | 7 | | 1 | 3 | | 8 |
| | | 4 | | 6 | | 5 | | |
| 7 | | 3 | 4 | | 5 | | | |
| | 9 | | | 1 | | | 8 | |
| | 8 | 6 | | | 2 | 7 | | |
| 5 | | | | | 9 | | | |

**MEDIUM**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | | 4 | | | 3 | | | |
| 9 | | | | | 7 | 8 | 5 | 4 |
| | 8 | | | | | | | |
| | 5 | | | 7 | 1 | | | |
| 4 | | | | 3 | | | | 6 |
| | | | 2 | 6 | | | 7 | |
| | | | | | | | 6 | |
| 7 | 1 | 3 | 5 | | | | | 8 |
| | | | 7 | | | 1 | | 9 |

**READER WRITE-INS:**

**Q: WHAT'S THE DUMBEST INVENTION EVER?**
A: The leaf blower.

Unless you live in the country and blow your leaves into a big pile and bag them, I don't understand the purpose of this noisy device. Nothing infuriates me more (okay, several things do) than watching someone blow the leaves from their side of the street to the other side of the street. And then, inevitably, someone from that side of the street blows them back. Is there really a need for this? Does anyone remember the rake? Yeah, the rake. Zeke used one in the "Dick and Jane" books (oops, before your time). It's a handy garden tool. Works better than a leaf blower. Less noisy, too.

— Anonymous, *Metro US reader*

metro & evvnt

INVITE THE WORLD TO YOUR EVENTS

List your event on metro.us/events

## metro.us/horoscopes

**Aries** Stick to the person who has been your rock through thick and thin. Offer your thoughts, concerns and plans, and work toward greater equality and shared dreams.

**Taurus** Put your situation in perspective. What's it going to cost and what's your best approach? Plan your actions instead of letting your emotions take the reins.

**Gemini** Don't mess with authority, rules or regulations. Trust only the facts and people who don't have ulterior motives. Take care of your health and emotional well-being.

**Cancer** Change requires physical energy, insight and flexibility. An opportunity will not live up to your expectations. Get the low-down before you make a commitment.

**Leo** Look for adventure, excitement and interesting, informative people. Make choices based on what you want. Be a leader, not a follower. Alter only what needs to be updated.

**Virgo** A change of pace, surroundings or direction is favored. Expand your outlook, make new connections and learn all you can. Knowledge is power, and it will be instrumental in promoting personal growth.

**Libra** Change happens when you decide to act. Take the initiative to put an end to what no longer works for you. Stop the madness and begin to live life your way.

**Scorpio** Don't let your personal and professional lives collide. Keep your emotions, domestic situation and past secret. Remain focused on what you are trying to accomplish instead of trying to impress others.

**Sagittarius** Explore the possibilities, but don't count on something hypothetical. Gather the facts and look at the costs involved. Transparency is necessary if you want to avoid making a mistake.

**Capricorn** Don't give anyone access to your personal affairs, especially if intimidation is involved. Staying in control and handling matters yourself is advised. An adjustment at home will help ward off interference.

**Aquarius** Set your plans in motion and don't stop until you are satisfied with what you've accomplished. A relationship with someone innovative will lead to new opportunities.

**Pisces** Keep a watchful eye over what others do or how they respond to change. Align yourself with people who share your beliefs and goals. Positive support will encourage change and personal growth. EUGENIA LAST

# Caffeine and culture

Philadelphia offers a vast variety of multicultural options for National Coffee Day.

MOLLY GIVEN
Molly.Given@metro.us

Ah, coffee. For many of us, the caffeinated beverage provides a kick start to our morning, a pick-me-up to our afternoon and a reason to get together with friends. But what many people don't realize is all the access we have to different types of coffee right here in the City of Brotherly Love. Participating James Beard Foundation chefs around Philly gave the scoop on what kind of multicultural cups of joe you can get around the city for National Coffee Day (Sept. 29) and what makes them special.

Chef Michael Solomonov (MS) talks Turkish coffee, available at the award-winning hot spot Zahav.

**How would you describe Turkish coffee? How is it made differently than other coffees?**

MS: Turkish coffee essentially refers to a different method of brewing coffee. It's unfiltered and uses super-finely ground coffee beans boiled together with sugar. There's also Arabic coffee, which is a similar version, but actually incorporates cardamom as well.

**What makes Turkish coffee culture special?**

MS: As you can imagine with an unfiltered coffee like this, all the coffee sludge remains at the bottom. Don't take that last sip — you'll get sludge in [your] teeth. What's really special is that in Turkish and Arabic cultures, it is said you can read the grounds at the bottom of your cup and tell your fortune.

Turkish coffee from Zahav. PROVIDED

**How is Turkish coffee culture incorporated into the dining experience at Zahav?**

MS: Zahav's version of Turkish coffee is the "street" version. It's boiling water and sugar mixed with the coffee grounds and then poured tableside. This way is a bit more muddy and less syrupy. We feel this method is more so at the heart of what you could experience on the streets of Israel.

Chef Ange Branca (AB) talks Kopi (Malaysian coffee) available at the popular Passyunk hot spot Sate Kampar.

**How would you describe Malaysian coffee? How is it made differently than other coffees?**

AB: Malaysian coffee is called Kopi and it's different because it's a recipe on a roast. Traditionally, local beans from Malaysia are Robusta and Elephant beans variety (one of the largest and rarest coffee beans in the world.) Because of the intensity of flavor and size of the bean, a longer roasting process with butter or margarine and sugar is required to bring out the best qualities and its deep chocolaty flavor. Our Kopi is specially sourced from small-batch roasters in Malaysia that still hold on to generations of traditional roasting process to bring that old-time Kopi experience. There is only a handful of such old-style roasters left in Malaysia.

**What makes Malaysian coffee culture special?**

AB: Malaysian Kopi is enjoyed all day and all night. It is usually served at Kopitiams (coffee shops that open during the day) or Mamak (roadside stalls at night). It is almost synonymous to a bar in the U.S.; a Kopitiam or Mamak is where friends gather to chat or to watch a game any time of the day and late into the night.

**How is Malaysian coffee culture incorporated into the dining experience at Sate Kampar?**

AB: With street food like Sate and Nasi Lemak, Kopi and Teh is the typical drink of choice.

Philadelphians also have the opportunity to try Italian espresso and a Lebanese Chai from two more notable locations. Caffeine lovers can sip on a classic Italian espresso from Vetri Cucina made with a shot of espresso, a foamy cappuccino or an affagato (gelato topped with a shot of espresso) for an indulgently sinful dessert. For those a little more adventurous, head down to Fishtown hot spot Suraya to try their Lebanese Chai topped with rose petals for a warm, comforting drink with a beautiful presentation.

ARE YOU READY TO MAKE THE SWITCH?

COMPASSIONATE INDIVIDUALIZED CARE IN THE COMFORT OF YOUR OWN HOME

- Personal Care • Companionship
- Medication Reminders • Respite Care
- Light Housekeeping • Meal Preparation
- Shopping / Errands • Live-In Care
- Transportation Management

Serenity Care Resources
HOME CARE FROM THE HEART

We love what we do and we work with a great deal of passion. Get your loved one the Home Care they deserve

CONTACT US TODAY!
267-233-6008 • www.Serenitycare1.com

# A feast you won't forget

The 10th Annual Audi FEASTIVAL is this week.

MOLLY GIVEN
Molly.Given@metro.us

In the City of Brotherly Love, the food scene and the art scene are vastly impressive. The care and dedication that Philly's culinary and culture connoisseurs put into their creations garner admiration from many, and it's easy to see why. Audi FEASTIVAL is the perfect combination of both pillars of talent in Philly. This colorful event features some of the best dishes and drinks cooked up by some of the most notable chefs in the city (over 70 hot spots are slotted for this year), incredible interactive performances (this year will feature 20 aerial performers and dozens of local artists), an auction and an overall memorable night full of rich experiences. The charitable event raises money every year for the 1,000-plus arts performances at Philly's annual Fringe Festival, and this year promises to be the best one yet.

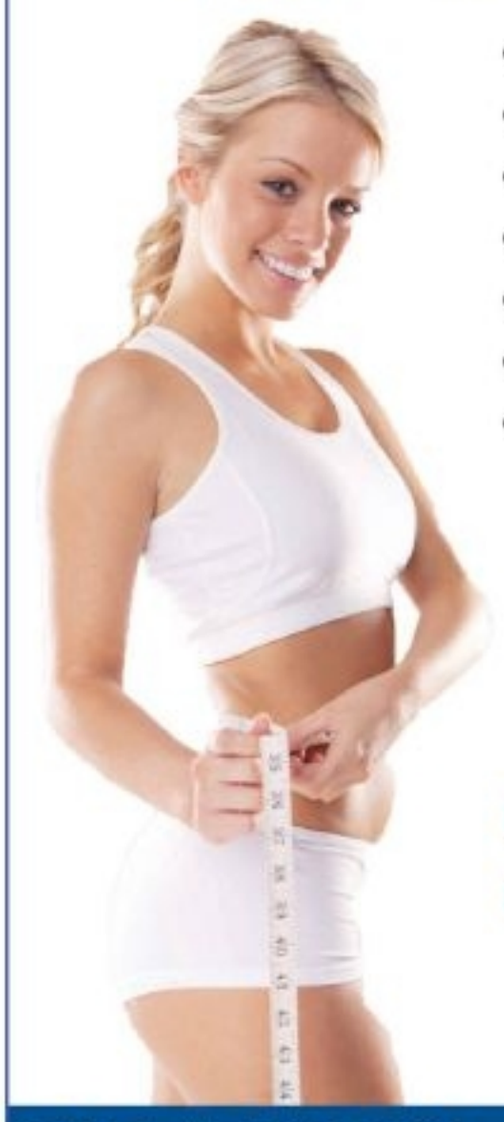
To help highlight some of the incredible dishes that will be served at this year's FEASTIVAL, Metro chatted with Diana Widjojo from Hardena (DW), Kiki Aranita from Poi Dog (KA) and Tova Du Plessis from Essen Bakery (TD) to get the scoop on their featured dishes and what it means to them to be a part of this incredible culinary event.

**What dish will you be serving this year at FEASTIVAL and what made you choose that dish?**

DW: This year I will be making my favorite dish to eat whenever I visit the island of Bali. It's my version of Balinese Roasted Pig. It's basically roasted pig belly slathered with a Balinese-style paste on the bottom side which is made with a gorgeous blend of four different types of gingers and Indonesian herbs and spices and brushed with a sweet soy marinade skin side, served with Sambal Mata which is a fresh, spicy lemongrass and shallot relish and a rice ball.

KA: Chris Vacca and I will be making a Skuna Bay Salmon Poke with shoyu, ginger, toasted perilla seeds and perilla oil from Gotham Grove. We serve a lot of ahi poke at our restaurant but have the most creative fun with our ever-changing salmon poke dishes. Our Shoyu Ahi and Spicy Ahi pokes are classics that we'll never be able to change or take off the menu at Poi Dog without upsetting our customers, so it's exciting for us to

Lose Weight
Fast and Keep It Off...



- Medically Proven Program
- FDA Approved Appetite Suppressants
- Diet Shots & Fat Burning Injections
- Dietician Developed Meal Plans
- No Package Meals to Buy
- Free EZDietPlanner™ App & Community
- Plans for Adults and Children

$99 Gets You Started!

4 Locations Call Today

■ FEASTERVILLE ■ CITY LINE AVE.
■ TABOR AVE. ■ SOUTH PHILLY

Dr. Fisher's Medical Weight Loss & Aesthetic Centers

215-478-6901 BodyByFisherNow.com

© Physicians Marketing Solutions, Inc. All rights reserved.

AFFORDABLE ROOFING
FREE Estimates
No Catch 22 Contracts. One Price Start To Finish!
Licensed & Insured
All Types of Roofing
24 Hour Emergency Service
215-634-8800
PA License 0966666
Financing Available • Insurance Claims
www.StopLeaksFast.com

LOVE
Best Prices
Re-Elect
BEST BUY ROOFING
PUSH# 215-288-1100
#1 ROOFER IN PHILADELPHIA
215-288-1100
Email: BestBuyRoofing4u@yahoo.com • www.bestbuyroofing.net
$200 off Any New Roof $50 off any Repair
Protect Yourself
Secure your Future
GUARANTEED ONE FLAT RATE ON ANY RE-ROOF!

TOP PRICES PAID
FOR YOUR RECORDS (33S, 45S), CDS
NO COLLECTION TOO SMALL OR LARGE
WE BUY EVERYTHING
CALL JON AT: 215-805-8001
OR E-MAIL
BWSMUSIC@HOTMAIL.COM

ALL PHOTOS ISTOCK

use special or seasonal ingredients when we have beautiful, sustainably raised salmon to work with.

TD: We will be making a lemon poppy roulade cake. We were thinking about some typical flavors in Jewish pastries, but also felt like we wanted to create something very light. Poppy seed is such a common inclusion in traditional jewish pastries, and a swiss roll cake feels so "old school," something most bygone bakeries had in their display cases.

**What are you looking forward to the most by participating this year?**

DW: It's always a joy to be cooking next to some of the best people in the industry. I am blessed to know some of them and hopefully make new friendships!

KA: Serving food under trapeze artists.

TD: I've never been to Audi FEASTIVAL but always hear about it and see photos, and it looks like a fabulous time. I'm excited to present our dessert and to meet such a broad audience in Philadelphia who are also lovers of food and the arts.

**What does it mean to you to be a part of this highly acclaimed culinary benefit?**

DW: As a minority, a woman and small business owner I feel very blessed and honored to be able to take part in such a fantastic event that supports a good cause. Hardena isn't really comparable to the other high-end restaurants that are taking part in this festival so there is a sense of pride my family and I have to be invited to cook for Audi FEASTIVAL.

KA: It is an honor to be included amongst the best restaurants in the city. Audi FEASTIVAL has the benefit of always being visually breathtaking, so it's always the best party. But most importantly, no one else cooks the type of food we do in Philadelphia and it is exciting to be able to contribute to make it a more diverse scene.

TD: I'm a huge fan of FringeArts and I'm excited for the opportunity to support them. The food industry is so connected to the art and performance world, as many artists and creative people seek jobs in this field. This is our way of supporting their dreams just as they have helped us build ours.

## If you go:

Sept. 27, 7 p.m., Cherry Street Pier, 121 N. Christopher Columbus Blvd., $300-$450 (VIP), phillyfeastival.com

PERMA SEAL
State & City Lic #36495
WE'LL BEAT ANY PRICE!
Certified & Insured
215-947-3939
Celebrating Over 25 Years of Excellent Service
Installation Available
Windows
• Vinyl Tilt In $99
• Bow & Bay $399
• Glass Block $99
Doors
• Insulated Steel Entry $339
• Steel Security $339
• Garage $339
Siding
• Warmer in winter, cooler in summer $339
And More
• Window Guards • Railings • Fencing
• Kitchens • Baths • Roofing • Gutters
• Downspouts • Capping • Soffit • Awnings
FEDERAL GOV'T LOANS • EASY PAYMENTS
• NO MONEY DOWN FINANCING AVAILABLE

RESPECTABLE ROOFING
Where Respect Matters!
Specializing in energy efficient white roofs.
50 Year shingle roofs available. • Fully licensed and insured
FREE ESTIMATES - FINANCING AVAILABLE
PHILLY SPECIAL
$1800.00 For a Brand New Rubber Roof, New Drain Box, New Edge Metal
Roof Not Exceed 800 sq ft, Sky Lights not included some Limitations May Apply.
215-681-0409
www.respectable-roofing.com
info@respectable-roofing.com
HIC# PA098215

COUPON
RADIATOR COVERS
COVER THAT UGLY RADIATOR...
FREE ESTIMATES, DELIVERY, INSTALLATION.
$10.00 OFF WITH THIS AD
EXPIRES 12-31-19.
The Best in the Business Since 1945
BORNMANN MANUFACTURING CO. INC.
3731 Old York Rd., Phila. PA 19140 • www.customradiatorcovers.com
215-228-5826

TTC TOTAL TRANSIT CORP.
Non-CDL Drivers
Wanted
Paratransit Operations
$400 Sign-on Bonus
Immediate Positions Available
Paid Training / Benefit Package
Match of salary with experience!
Flexible Shifts Available
Safety Bonus Incentives
Great Company Culture
Apply in Person
Monday through Friday • 9:00am to 3:00pm
4201 Tacony Street, Philadelphia, PA 19124
215-992-8000
Apply Online: www.philly.totalbusco.com

BROADVIEW KITCHEN & BATH
HOME DISCOUNT CENTER
Granite COUNTERTOPS installed $39.00 per sq ft.
PROVIDING YOU WITH THE BEST QUALITY AND THE BEST PRICES
10% OFF
WITH THIS AD
Excludes windows, installation, starter set, granite, moulding and cabinets.
60" Starter Kitchen Set
SB60, W6030, Sink, Countertop
Starting at $550
Available in Oak, Cherry, and White
QUARTER ROUND MOULDING $0.36 PER FOOT
Check Out Our Year Round Specials!
Double Hung STOCK WINDOWS
Up to 92 United Inch
$125.00
Standard Pre hung exterior 6 panel Steel Door
$149.99
6330 N Broad Street, • Philadelphia, PA 19141
HOURS: Monday - Friday - 8am - 6pm
Saturday - 8am - 5pm
215-548-5060
www.broadviewkb.com

metro BET PA GO TO METROBET.US TO GAIN AN EDGE

In partnership with SUGAR HOUSE CASINO

# Free $50 VISA gift card: Bet on NFL

Get a free $50 VISA gift card and up to a $250 deposit match bonus at **MetroBet.us/Sugar.**

enter promo code: **METROBET**

2. Make a wager

3. Get your free VISA gift card by going to **Metro.us/Free50**

**MATT BURKE**

Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.

Before we get to more NFL Futures betting, I should remind you about the top offer in PA and NJ sports betting - a limited-time offer to obtain a free $50 VISA gift card and up to $250 in risk-free bonus money at **MetroBet.us/Sugar.**

All you have to do is:

1. Go to **MetroBet.us/Sugar** and

Giants QB Daniel Jones shot up the charts this week thanks to his scintillating debut performance against Tampa Bay, and is suddenly the favorite to win the NFL Offensive Rookie of the Year award right now at **MetroBet.us/Sugar** at +200.

Here is a look at some other candidates.

Kyler Murray +350
Marquise Brown +600
Josh Jacobs +800
Gardner Minshew +800
David Montgomery +1200
Terry McLaurin +1600
DK Metcalf +2000
Miles Sanders +2500

The New York media will hype up Jones to no end moving forward, even if he starts to stumble these next few weeks – which is almost guaranteed for a rookie quarterback on a bad team. So Jones is the legitimate favorite here given that the media votes on the award.

GETTY IMAGES

Unlike the MVP award, you don't necessarily need to be on a good team to win Offensive Rookie of the Year as well.

Saquon Barkley won it last year playing for a 5-11 Giants team.

Working against Jones, though, is that for the majority of the history of this award, running backs get the nod. It's much easier for a running back to have immediate success in the NFL than it is for a QB. In fact, running backs have won the award in three of the past four years (Todd Gurley in 2015, Alvin Kamara in 2017 and Barkley last year).

Raiders running back Josh Jacobs has the best value here. The Alabama alum is currently eighth in the NFL in rushing with 228 yards through three games.

*The play: $10 on Josh Jacobs to win NFL Offensive Rookie of the Year at MetroBet.us/Sugar*

**TWEET OF THE DAY**

**Ben Fawkes**
@BFawkesESPN

NFL teams still undefeated Against The Spread: Cowboys 3-0, Packers 3-0, Chiefs 3-0, Rams 3-0, Colts 2-0-1.

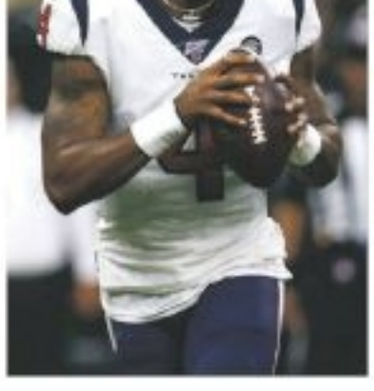
## Best Bets

## NFL Week 4 betting: Panthers at Texans

Cam Newton (foot) has been ruled out for a second straight game, meaning Kyle Allen will once again have the reins for the Panthers. He looked sharp last week against the Cardinals, but the Texans' defense is far superior and could give Carolina fits at NRG Stadium.

Even with last week's blowout victory, the Panthers are 3-8 against the spread in their last 11 games. Running back Christian McCaffrey (150 all-purpose yards per game, three TDs) is Carolina's biggest offensive weapon, but Houston has allowed just one touchdown to running backs through three games.

The Texans posted arguably the most impressive victory of Week 3 as they marched into L.A. and toppled the Chargers, 27-20. Deshaun Watson was brilliant, going 25-for-34 for 351 yards and three TDs against a tough defense.



GETTY IMAGES

The Panthers defense is far from airtight, ranking 18th in points allowed per game at 23.3 through three weeks. Carolina is a lacking 24th in rushing yards allowed per tilt (129), so look for Houston halfback Carlos Hyde (4.8 yards per carry, 40 attempts) to have a big day on the ground.

*The play: Texans -4.5*

ROBERT CRISCOLA

**VSiN DAILY LINE**

**NFL WEEK 4**

PHILADELPHIA EAGLES AT GREEN BAY PACKERS -5

TAMPA BAY BUCCANEERS AT LOS ANGELES RAMS -9.5

SEATTLE SEAHAWKS --5 AT ARIZONA CARDINALS

WASHINGTON REDSKINS AT NEW YORK GIANTS -3

TENNESSEE TITANS AT ATLANTA FALCONS -4

OAKLAND RAIDERS AT INDIANAPOLIS COLTS -7

NEW ENGLAND PATRIOTS -7 AT BUFFALO BILLS

METROBET IS NOT OWNED OR OPERATED BY ANY GAMBLING COMPANY. IF YOU OR SOMEONE YOU KNOW MIGHT HAVE A GAMBLING PROBLEM, CALL 1-800-GAMBLER.

METROBET.US/SUGAR
PROMO CODE METROBET
BEST SPORTS BETTING OFFER IN PA:
FREE $50 VISA GIFT CARD WITH SIGN-UP*
SUGAR HOUSE
* $50 VISA E-GIFT CARDS TO THE FIRST 1,000 PEOPLE WITH A DEPOSIT AND WAGER MINIMUM OF $25. FULL TERMS & CONDITIONS CAN BE FOUND ON METROBET.US
METROBET IS NOT OWNED OR OPERATED BY ANY GAMBLING COMPANY. IF YOU OR SOMEONE YOU KNOW MIGHT HAVE A GAMBLING PROBLEM, CALL 1-800-GAMBLER.
metro BET

# Eagles CB Ronald Darby to miss some time with hamstring injury

The Eagles cornerback is making his way to the injured list yet again.

JOE PANTORNO
joseph.pantorno@metro.us

Ronald Darby will miss more games due to injury this season. GETTY IMAGES

The Philadelphia Eagles' secondary woes increased on Tuesday when defensive coordinator Jim Schwartz confirmed that cornerback Ronald Darby will likely miss "a few games" after suffering a hamstring injury during their Week 3 loss to the Detroit Lions.

NFL insider Mike Garafolo initially speculated that he "wouldn't be surprised if he was out a month or so."

It's been a nightmare stint in Philadelphia for Darby, who was acquired from the Buffalo Bills before the start of the 2017 season.

Health-wise, he's been unlucky and unreliable as he missed a combined 14 games over the past two seasons due to a dislocated ankle and torn ACL.

If he were to miss four to five games because of this hamstring injury, that means he will have missed about half of the Eagles' games over the past three seasons.

Performance-wise, he's been a liability, especially this season.

Through the Eagles' first three games, Darby allowed a 110.2 passer rating to opposing quarterbacks this season.

He was targeted 15 times, allowing eight receptions for 130 yards and a touchdown.

It was a slightly better pace than his numbers from last year. Darby allowed 50 completion on 82 targets for 520 yards and three touchdowns in nine games.

Still, Darby's absence brings the Eagles' number of healthy cornerbacks down to just three in Avonte Maddox, Rasul Douglas and Sidney Jones.

Jalen Mills is not eligible to be taken off the Physically Unable to Perform (PUP) list until Week 7, which means the Eagles will have to scramble to pick up another cornerback for depth purposes.

Moving forward, Jones and Douglas are expected to start on the outside while Maddox mans the slot.

While Eagles fans are holding out hope that the team could make a trade for Jaguars star cornerback Jalen Ramsey — which would not only add depth but provide a huge boost to a struggling unit — Jacksonville reportedly has no desire to trade the star defensive back despite his request to be shipped out of town.

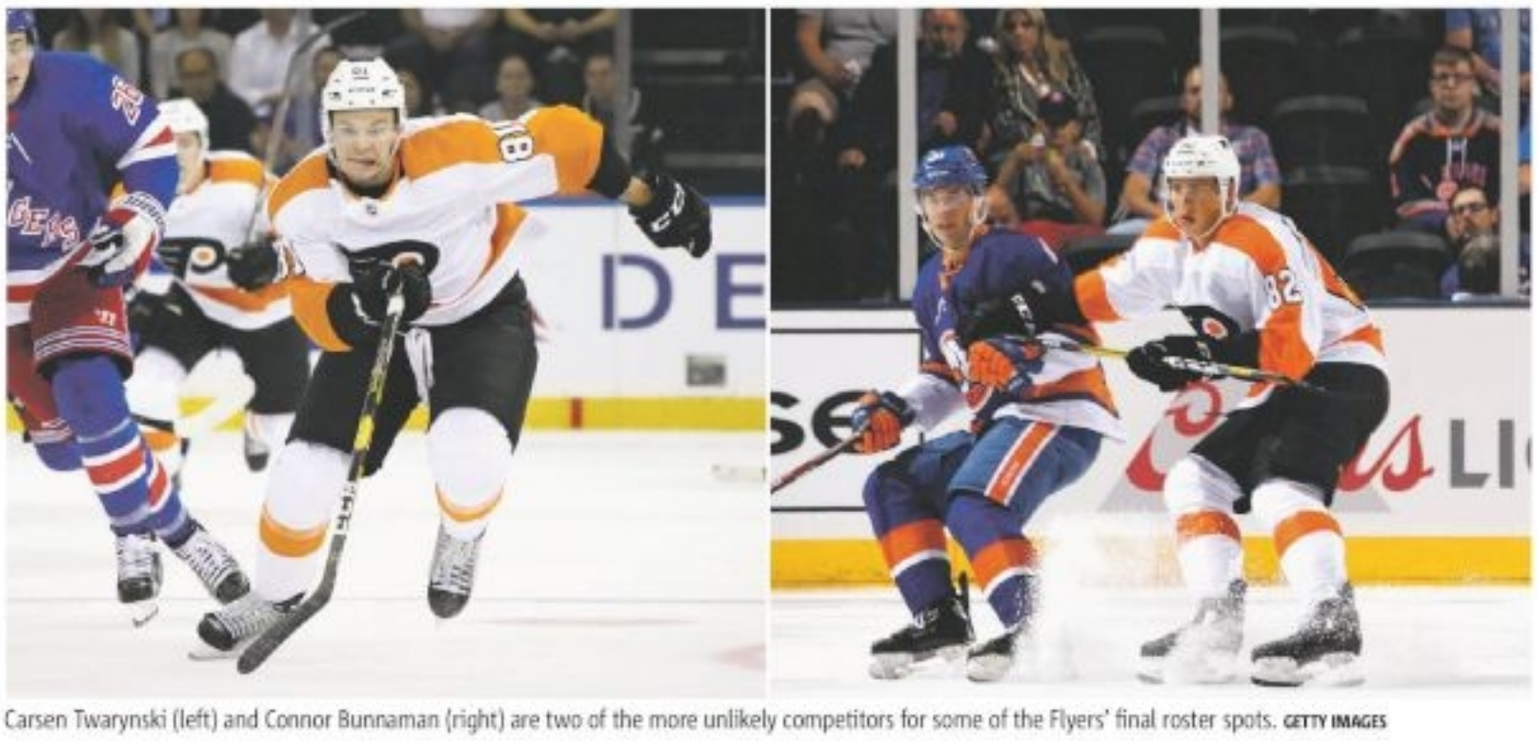
The Eagles have one of the worst pass defenses in the NFL, allowing the fourth-most yards through three games (882) along with seven passing touchdowns.

Philadelphia's depleted secondary has a quick turnaround following the Lions loss on Sunday as they take on the Green Bay Packers on Thursday night at Lambeau Field.

Star quarterback Aaron Rodgers has struggled to put up big numbers this season but could be licking his chops ahead of his matchup against the Eagles.

The seven-time Pro Bowler has yet to pass for 250 yards in a game this season while his QBR is at a low 46.0.

# Young Flyers gunning for final forward spots



Carsen Twarynski (left) and Connor Bunnaman (right) are two of the more unlikely competitors for some of the Flyers' final roster spots. GETTY IMAGES

The Philadelphia Flyers cut seven more names from their roster on Tuesday, with opening night against the Chicago Blackhawks just over a week away.

And two of the more unlikely roster hopefuls are still in the mix to make the NHL roster.

Center Connor Bunnaman and winger Carsen Twarynski survived Alain Vigneault and Chuck Fletcher's Tuesday's cuts as they challenge for a spot on the Flyers' lower lines.

Twarynski, a third-round pick in 2016, has a pair of goals in four games this preseason.

The 21-year-old has shown plenty of promise since making the jump from juniors with the Kelowna Rockets in 2018.

In 74 games with the Flyers' AHL affiliate, the Lehigh Valley Phantoms, Twarynski has 11 goals and 15 assists — a solid debut against older professional competition.

Bunnaman was selected one round after Twarynski in the 2016 draft and experienced more success in the AHL after transitioning from the Kitchener Rangers of the Ontario Hockey League.

He put up 19 goals and 13 assists in 62 games last season with the Phantoms.

During the preseason, he's put up one goal in three games.

As it stands, the Flyers are down to 27 men on their roster, which includes the injured Nolan Patrick, Tyler Pitlick, Andy Welinski and Morgan Frost.

They need to get that number down to 23 by Oct. 1, which will likely happen after their final preseason game on Thursday against the New York Rangers.

The futures of young forwards Joel Farabee and Morgan Frost will be an indicator on Twyarski and Bunnaman's future with the big club.

Farabee — drafted 14th overall in 2018 — has had a promising showing in camp but has been unable to put any points on the board during the preseason. This is after a 17-goal, 19-assist (36 points) season with Boston University last year.

Frost had a monster year in juniors with the Sault Ste. Marie Greyhounds with 109 points in 59 and was poised to get a better look in the preseason this year compared to last, when he was sent back to the OHL after just one game.

He lasted only two in the preseason before a groin injury sidelined him, but the Flyers keeping him around suggests they aren't ready to cut ties with him just yet.

If the Flyers are looking for a more veteran option, 31-year-old Chris Stewart could take one of the final available spots on the wing. JOE PANTORNO

# MEDICAL RESEARCH

To advertise call Jennifer Lydon at 267-675-7037
or email jennifer.lydon@metro.us

## Are you thinking of having treatment for your frown lines?

We are conducting a research study investigating the safety and effectiveness of an investigational treatment for reduction of frown lines (vertical wrinkles between your eyebrows)

To participate in this research study, you must meet all study criteria, including the following:

- ✓ You are 18 to 75 years of age
- ✓ The area between your eyebrows has marked frown lines (classified as moderate to severe)
- ✓ Your health is stable and any conditions you have are under control

For more information about this research study, please contact:

Heather Hartnett
Research Coordinator, University of Pennsylvania Dermatology
Email: Heather.Hartnett@pennmedicine.upenn.edu
Phone: 267-591-0079

## SLEEP QUALITY STUDY

This 7-day lab study aims to research how SmartSleep technology settings can improve sleep quality and cognitive performance. Must be healthy, about 30-55 years old, preferably with a STEM education or military experience. Financial compensation will be provided for time and travel.

**Call: 215-573-5855**

Penn Medicine


metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.


Penn Medicine Dermatology

VIP Vascular Inflammation in Psoriasis Trial

## Are you living with moderate to severe psoriasis?

### You may be eligible for up to one year of psoriasis treatment at no cost.

Penn Medicine's Department of Dermatology is looking for volunteers for the VIP-A Study, a research study comparing the effect of FDA approved treatments on inflammation in the body and heart disease.

**Study participants who enroll will:**

- Be eligible to receive up to a full year of Apremilast at no cost
- Be seen for study follow up visits to monitor psoriasis at no cost
- Be eligible for compensation up to $600 for time and travel costs
- Contribute to cutting edge psoriasis and heart disease research

For more information:
**215-662-SKIN**
**SKINVIP@UPENN.EDU**

## Can't Sleep??

### Do you have trouble falling asleep? Are you 40 years or older?

**YOU MAY BE ELIGIBLE FOR ONE OF OUR CURRENT RESEARCH STUDIES.**

The University of Pennsylvania Behavioral Sleep Medicine Program is investigating ways to further understand insomnia and discover better treatments.

**COMPENSATION FOR PARTICIPATION WILL BE PROVIDED**

For More Information:
**Call: 215-7-INSOMNIA**
Or email us at: insomnia@upenn.edu
www.sleeplessinphilly.com

Penn
University of Pennsylvania

# MEDICAL RESEARCH

To advertise, call Jennifer Lydon at 267-675-7037
or email jennifer.lydon@metro.us

# LEGAL SERVICES

To advertise call Susan Peiffer at 267-675-7036
or email susan.peiffer@metro.us


Are you or someone you know
FEELING DOWN, DEPRESSED, OR HOPELESS
and living with HIV?

You may be eligible for a research study using an FDA approved medication and therapy at the University of Pennsylvania.
Call us at 215-573-2881.

Must be Between the Ages of 18 - 70 & HIV Positive
10-Week Study • Compensation Provided

Contact Us:
215-573-2881
tides@pennmedicine.upenn.edu
Perelman School of Medicine



CANCER
MEDICAL MALPRACTICE
DEFECTIVE PRODUCTS

*Evaluations by Attorney named top 1% of attorneys nationwide, PA Super Lawyer, and Life-time member of Million Dollar Advocates Forum.*

Millions of Dollars Recovered for Injured Clients

Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
*No Recovery-No fee/Free Consultations*
*Home/Hospital Visits*
215-567-0493
Call or email us today
www.emmanuellawfirm.com



AUTO & BUS INJURIES
SLIP & FALLS
Social Security/Disability
NO FEE UNTIL WE SETTLE
LICENSED IN PA & NJ
¡Hablamos Espanol!

Dennis A. Pomo
Attorney at Law
CALL
215-665-1900

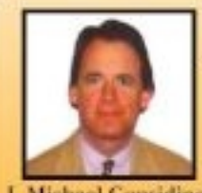


Medical Mistakes
Cerebral Palsy
Birth Injury
Amputations
Cancer Misdiagnosis
Surgery Mistakes
Hospital Death
Doctor-Lawyer on staff
Over $150 million
recovered as co-counsel

Law Offices of Tai Y. Wong
www.tymdjd.com
215-592-9750
Free Initial Consultation. No Recovery-No Fee
1101 Market Street. Suite 2820. Philadelphia, PA 19107



INTERNATIONAL BUSINESS LAW



J. Michael Considine, Jr., P.C.
Transactions · Strategy
Disputes · Innovation · Insight
SEMINAR SPEAKER ON INTERNATIONAL BUSINESS AND LECTURER IN CHINA
Author, Philadelphia Bus. Journal Former Co-Chair, Intl' Business Section, Phila Bar
215-564-4000
1845 Walnut St. Suite 1199 Philadelphia
MANY YEARS OF EXPERIENCE MANY GREAT RESULTS


## MISCELLANEOUS


WANTED!
People to study the Bible with
267-435-8787
phillybiblestudy.org



SLIP AND FALL
Our Law Firm handles all *FALL DOWN* Claims
Free Consultation 24/7
215-268-7800
1617 JFK Blvd., Suite 355 Philadelphia, PA 19103
SLIPANDFALLGUYS.COM


## ENTERTAINMENT

## CAREER TRAINING


DIALYSIS TECH
CAREER IN 8 WEEKS
Short Term, Flexible & Affordable Training
Call: 215 885-1267
www.indemandjob.com


## ITEMS WANTED


NEED CASH?
Buying Diabetic Test Strips, Nicotine Patches/Gum
$ PAYING up to $50/Box $
215-425-7897
DROP OFF 1802 EAST ALLEGHENY AVE (K&A)



INJURED AT WORK?
WE WILL FIGHT FOR YOU
• WORK INJURIES • SOCIAL SECURITY DISABILITY
• PERSONAL INJURY CLAIMS
FREE CONSULTATION SE HABLA ESPANOL

CHRISTY ADAMS, ATTORNEY NICK RENZI, ATTORNEY
CENTER CITY • 1429 Walnut St.
NORTH PHILA. • 227 W. Lehigh Ave.
CALL US AT: 215-546-4208



DIVORCE $200*
NO FAULT UNCONTESTED
No Court Appearance Needed
5 Months = $200*
8 Weeks = $350*
4 Weeks = $500*
*Plus $100 Court Filing Fee
DIVORCE GUIDES
215-854-6340
Aaron I. Rappeport, Esq. • 1515 Market Street Suite 1200 Philadelphia Pa
www.DivorceGuides.net



IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.



metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us



metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

# JOBS

## General Help Wanted


**SCHOOL BUS DRIVERS AND BUS ATTENDANTS WANTED**

- Immediate Openings
- Competitive Wages
- Benefits Package
- Benefit & Non-Benefit Rate
- Training Available for CDL and Non-CDL Drivers
- Classes Forming Now
- $500 SIGN-ON BONUS FOR DRIVERS WITH CURRENT CREDENTIALS

*Apply in Person Mon-Fri, 9am-3pm*

TTC TOTAL TRANSPORTATION CORP.

3101 Orthodox Street
Phila, PA 19137

**215-383-0470**



**DRIVER / PARATRANSIT**
Abington, PA

**Up to $16/Hour**

- Interview today start tomorrow
- Paid Training
- Location close to Septa Bus and Regional Rail
- Bonus Program paid with each pay

Call **215-517-7938**



metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us


## Professional

Regulatory Affairs/QA Specialist (Plymouth Meeting, PA): Coordinate, prepare and review regulatory submissions for domestic or international drug products. Work with manufacturing and R&D to ensure that products are developed and produced according to applicable regulations and standards. Assist head of regular affairs in handling all correspondences from FDA. Prepare, review, manage and document internal regulatory processes, such as company SOPs, protocols. Develop quality metrics and provide quality support to QA team.. Req.: Master's degree/ equiv. in Regulatory Affairs and Quality Assurance, Pharmaceutical Science or related, with 1 yr of experience. Familiar with US regulatory submission (ANDA, NDA, BLA, etc) & QA procedures and FDA/ICH regulations related to generic & new drug development in pharmaceutical industry. Send resume to SPH Phillab Inc. 5207 Militia Hill Road, STE100, Plymouth Meeting, PA 19462.


metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.


# LEGAL NOTICES

**Notice is hereby given that** York Partners OZ L.P. is submitting a Notice of Intent to Remediate (NIR) the property located at 1929-1945 East York Street & 1924-1944 East Hagert Street in Philadelphia, Pennsylvania, to the Pennsylvania Department of Environmental Protection (PADEP) as outlined in the Pennsylvania Land Recycling and Environmental Remediation Standards Act. York Partners OZ L.P. has decided to request liability protection for soil and groundwater beneath the property. The volatile organic compound tetrachloroethylene was detected in the groundwater beneath the property, and the metals lead and arsenic were detected in the soils beneath the property. York Partners OZ L.P. intends to demonstrate attainment of Residential Statewide Health Standards or Site-Specific Standards for soil by excavation of impacted soils, and Residential Statewide Health Standards or Site-Specific Standards for groundwater by collection of quarterly groundwater attainment data. When a site is being remediated to a Site-Specific Standard, the municipality is afforded a 30-day comment period. Publication of this notice initiates the 30-day public and municipal comment period. The City of Philadelphia may request to be involved in the development of the remediation and reuse plans for the site and to develop and implement a public involvement plan within the 30-day comment period. Copies of these requests and any comments should be submitted to the Department of Environmental Protection, Southeast Regional Office, Land Recycling/Cleanup Division, 2 East Main Street, Norristown, Pennsylvania 19401.This notice is made under the provision of the Land Recycling and Environmental Remediation Standards Act, the Act of May 19, 1995, P.L.#4, No.2.

Subject: Sunshine Law, TECH Freire Charter School

TECH Freire Charter School's Board of Directors will be holding a special board meeting on

Thursday
September 26, 2019
9:00AM at

Freire Charter Middle School
1026 Market Street
Philadelphia, Pa 19107

Court of Common Pleas for the County of Philadelphia, September Term, 2019, No. 526.

Notice is hereby given that on September 9, 2019, the petition of Mary Elizabeth Bairstow was filed, praying for a decree to change her name to Elizabeth Bairstow Lynch.

The Court has fixed court date October 18, 2019 at 10:00 A.M., in Room No. 691, City Hall, Philadelphia, PA for hearing. All persons interested may appear and show cause if any they have, why the prayer of the said petition should not be granted.

# SERVICES


**CA$H TODAY!!**
FOR DIABETIC TEST STRIPS!!
#1 IN CUSTOMER SERVICE • MOST BRANDS ACCEPTED

WE PAY YOU MORE!! UP TO $60 PER BOX!!
(MUST BE UNOPENED AND NON-EXPIRED TEST STRIPS)

WE PICK UP!
CALL (484) 447-1223
TO SCHEDULE A PICK UP TODAY!



**$$ CA$H $$**
FOR DIABETIC TEST STRIPS
Paying Up To
**$80**
For Dexcom & Omnipods

We Pickup & Pay Top Dollar!!
Call or Text NOW: 267-225-4164



**MITCHELL TEST STRIPS INC**
We buy Diabetic Test Strips
We will pay up to $60 per box
We will pick up
— GUARANTEED —
CALL #215.820.4312



metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us


# REAL ESTATE

## Real Estate for Sale


**East Oak Lane**
3 Br/2 Ba, Full Basmt, Walk-in Closet, Fire Pl, Fr-Bk Yards, Central AC, Gar Parking, W/D.
**Asking $400K.**
Call Owner:
**215-680-3753**


## Real Estate Wanted


**We Buy Houses!**
215-552-8104
www.rshinvestments.com


## Rentals


UPPER DARBY! 69th ST. AREA!
APARTMENTS AVAILABLE NOW!
NEWLY RENOVATED UNITS!
First Month FREE!
Sec-8 Welcome! We Pay Heat!
$650-$900
Studio, 1 & 2 Bedrooms
PLEASE CALL: 610-734-2360


# CARS

## Vehicles Wanted


**$$$ UP TO $1100.00 $$$**
For Cars w/Bad Engines
w/ or w/out title
**UP TO $500.00 CASH $$$**
For Any Junk Cars or Trucks
**215-669-1000**



**WE BUY JUNK CARS!**
Top dollar paid in CASH!
Free pickup!
Call: 609-367-4437
or 215-730-0900

WE BUY CARS & TRUCKS
(any condition)
**$100--$5000**
CASH PAID
FREE TOWING
SAME DAY PICKUP
**267-229-1970**



metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us



IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

# GAMES

## metro.us/crossword

Powered by Arkadium

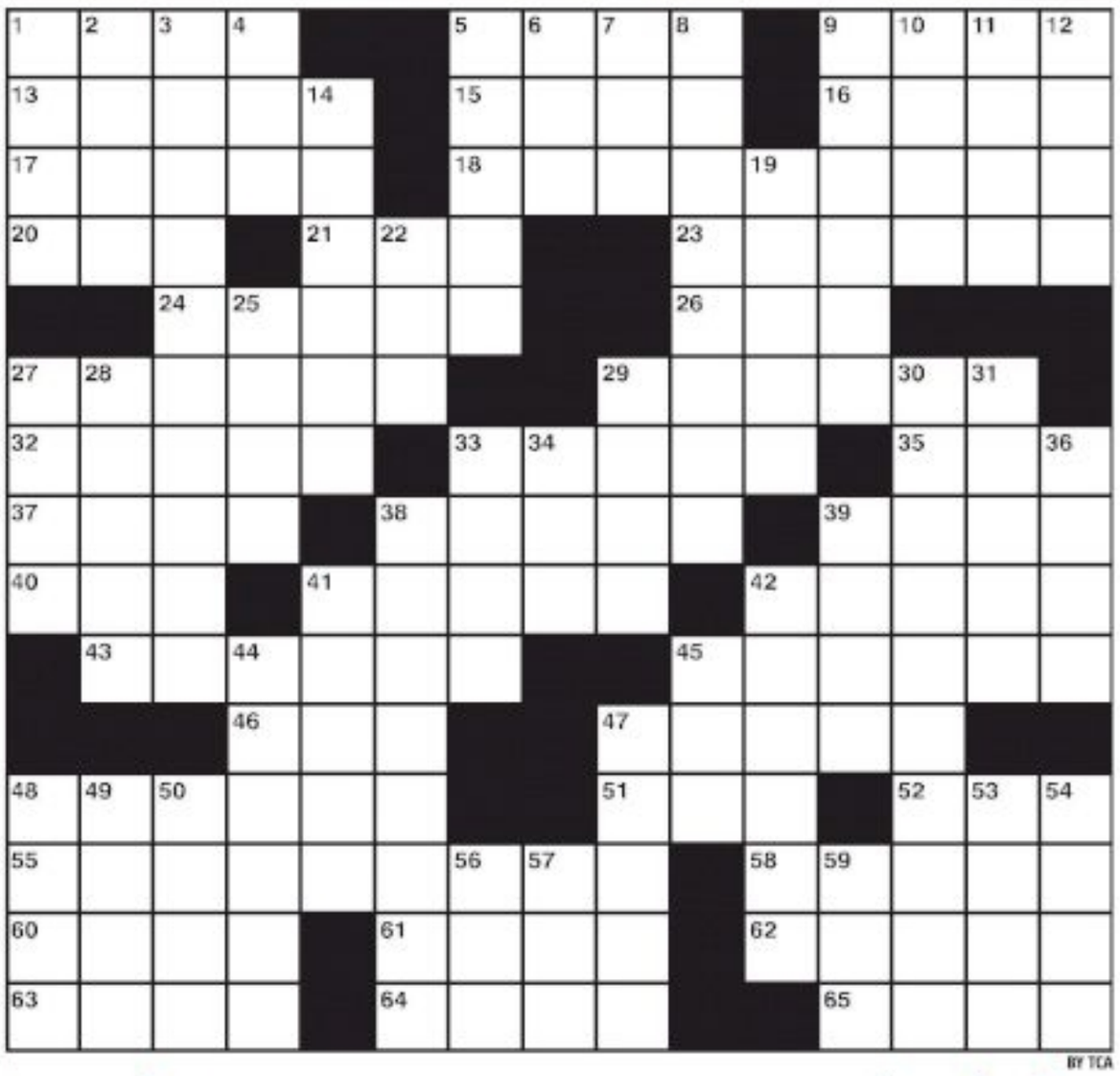
Check your answers at metro.us/games

**ACROSS**

1 "What's Love Got __ with It?"; Tina Turner hit
5 Ill
9 __ up; arrive
13 Makes level; smooths
15 Leo XIII or Pius X
16 Reason to wed
17 Summarize
18 Crude; coarse
20 Ending for hero or exam
21 Hearing organ
23 Forty-__; California Gold Rush miners
24 Touches down on the tarmac
26 Carp
27 Sham; artificial
29 Arranges
32 Makes money
33 __ over; disregard
35 Certain vote
37 Flat strip of wood
38 Hairdos
39 Angelou or Rudolph
40 Tit for __
41 Good wood for floats
42 Bishop's hat
43 Insist on
45 Dissolved
46 As happy __ clam
47 Country estate
48 Calm
51 Wedding vow
52 MA's Cape __
55 Bold; cheeky
58 First prime minister of India
60 Talon
61 To boot
62 "Swing Low, __ Chariot"
63 American __; ND's state trees
64 Easy to reach
65 Jittery

**DOWN**

1 Actress Garr
2 Baker's need
3 Slow down
4 Stop __ dime
5 __ on; incites
6 Charged atom
7 Life-saving technique
8 Sharpness; acumen
9 Injured arm supports
10 Sharpen
11 Go __; review
12 Ties the knot
14 __ foolishly; squanders
19 Italian autos
22 "Much __ About Nothing"
25 Dad's sister
27 __ control; Orkin's business
28 Coleslaw, e.g.
29 Couch
30 Single & going with no one
31 Check recipient
33 Precious metal
34 Fleur-de-__
36 Linear measure
38 Pierre Trudeau, for one
39 Pepper grinder
41 Fundamental
42 Sweet gourds
44 Large parrots
45 Prefix for day or wife
47 Part of a baseball cap
48 Rate of speed
49 Soothe
50 Actor West
53 Neighbor of Calif.
54 Obligation
56 "Grand __ Opry"
57 Nation with the most immigrants: abbr.
59 Lamb's mother



BY TCA

## metro.us/wordsearch

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| E | B | H | M | A | U | G | U | S | T |
| R | O | S | E | F | S | N | C | H | Z |
| E | L | B | A | F | A | I | G | Y | B |
| N | E | R | E | Z | T | I | L | U | P |
| K | M | A | I | L | L | I | W | A | A |
| L | I | D | M | O | M | F | U | R | Y |
| U | S | N | S | E | I | R | O | T | S |
| A | S | U | R | E | I | V | E | R | S |
| F | M | O | L | A | S | B | A | D | N |
| Y | F | S | C | Q | K | N | F | X | J |

A Fable
Absalom
As I Lay
August
Faulkner
For Emily
Fury
Light
Ole Miss
Pulitzer
Reivers
Rose
Sound
Stories
William

## metro.us/wander

**Category: Classic Literature**

| | | | |
|---|---|---|---|
| L | T | H | E |
| L | N | I | K |
| A | G | E | N |
| | S | M | |

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

## metro.us/sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | | | 6 | | 4 | | 8 | 3 |
| | 4 | 3 | | | | 5 | | |
| | | | | | 5 | 7 | | 1 |
| 9 | 8 | | | | 6 | | | 2 |
| | | 4 | | 2 | | 1 | | |
| 7 | | | 4 | | | | 6 | 9 |
| 4 | | 6 | 2 | | | | | |
| | | 8 | | | | 6 | 2 | |
| 2 | 1 | | 3 | | 8 | | | 4 |

PLAY ANYTIME, ANYWHERE

Find these games and MUCH MORE at games.metro.us

**Yesterday's Answers**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | R | Y | | | C | L | O | T | H | | P | O | S | E |
| B | O | O | K | | R | A | D | I | O | | I | O | W | A |
| S | A | R | I | | E | W | E | L | L | | C | Z | A | R |
| | R | E | S | P | O | N | S | E | S | | K | E | Y | S |
| | | | S | A | L | S | | | T | H | E | | | |
| I | M | P | E | D | E | | F | L | E | E | T | I | N | G |
| N | E | A | R | S | | P | I | E | R | S | | T | A | E |
| C | A | N | S | | P | O | R | E | S | | R | A | I | N |
| A | N | D | | G | L | O | S | S | | H | A | L | V | E |
| S | T | A | L | W | A | R | T | | R | U | B | L | E | S |
| | | | A | B | C | | | V | E | R | B | | | |
| G | L | A | D | | A | D | D | I | C | T | I | O | N | |
| R | O | L | L | | T | E | A | S | E | | T | I | E | S |
| A | B | L | E | | E | L | V | I | S | | S | L | A | P |
| B | O | Y | S | | D | I | E | T | S | | | S | T | Y |

metro

**As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro Philadelphia** 1650 Market Street, 36th floor Philadelphia, PA 19103 • **main** 215-717-2600 • **to advertise** 215-675-7036 • **Press releases** pressrelease@metro.us • **U.S. Publisher** Ed Abrams, Ed.Abrams@metro.us • **Associate Publisher** Susan Peiffer • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Night News Editor** Matt Kinsey, matt.kinsey@metro.us • **Art Director** Luis Matos, Luis.Matos@metro.us • **Sports Editor** Joseph Pantorno, joseph.pantorno@metro.us • **Features Editor** Pat King, Patrick.King@metro.us • **Head of Production** Matt Prowell , matt.prowell@metro.us

Alliance for Audited Media

**You can help advance science through a research study of investigational medication and make up to $6,850 doing it.**

**PSYCHIATRIC ILLNESSES INCLUDE:**

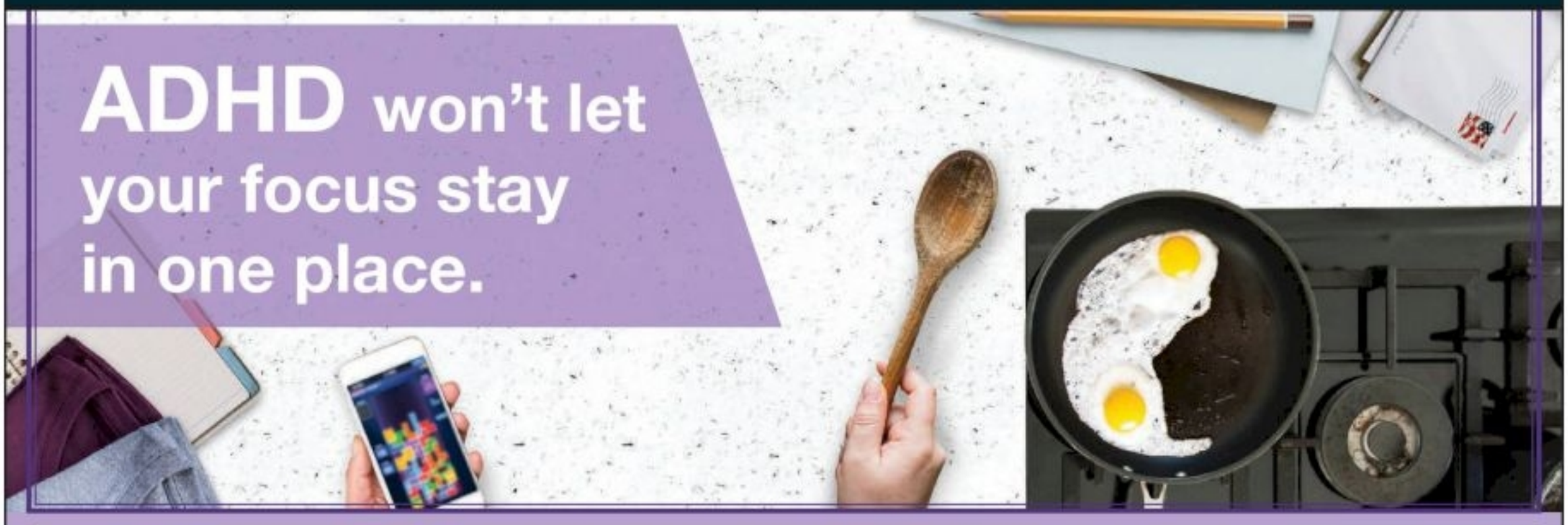
ADHD
ALZHEIMER'S DISEASE
ANXIETY
BIPOLAR
DEPRESSION
HUNTINGTON'S DISEASE
INSOMNIA
MIGRAINES
PARKINSON'S DISEASE
PTSD
SCHIZOAFFECTIVE
SCHIZOPHRENIA

**GENERAL MEDICINE ILLNESSES INCLUDE:**

ADDICTION
CROHN'S DISEASE
DIABETES
ECZEMA
FLU
FIBROSCANS®
HEALTHY ADULTS
HOT FLASHES
IBS (IRRITABLE BOWEL SYNDROME)
LIVER DISEASE
NASH/NAFLD
PAIN
PSORIASIS
OSTEOARTHRITIS

HASSMAN RESEARCH INSTITUTE

Make a difference at
**1-866-303-2929**
or visit **HRITrials.com**




**If you're living with attention deficit/ hyperactivity disorder (ADHD), learn more about the CAPSTONE research study of an investigational drug for adults with ADHD.**

**To pre-qualify for this study, you must:**

- Be 18 to 55 years of age
- Be diagnosed or have been diagnosed with ADHD

All study-related visits, tests, and study drugs will be provided at no cost. In addition, reimbursement for study-related travel may be provided.

For more information about the CAPSTONE study, please contact:

**Hassman Research Institute**
**Call 1-833-427-7626**
**Visit hritrials.com**

CAPSTONE

www.metro.us